**Week 7 Lab Exercise**

**To be Submitted to Webcourses BEFORE the end of the lab session**

Write a short report no longer than 1 page for each of the following tasks:

1. Find an example of spam on one of your machines. Extract copies of the headers and analyse the message.
   * See if you can figure out the originating server and if possible the ISP that initially forwarded the message
2. Download a copy of Web Historian, and run it against the Web History on a machine that has had internet access for some time.
   * Locate a Website that seems to get a lot of traffic, and run the website profiler report against it.
   * See if you can identify a specific user who has accessed the site
   * How many cookies were stored on a system by the site?
   * How many temporary internet files were stored by the site?